

DR JEFFERY S. HUGHES
MBBS, BS (Syd), FRACS (Orth), FA, Orth A

ORTHOPAEDIC SURGEON
SHOULDER & ELBOW SURGERY

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CURRICULUM VITAE

JEFFERY SLEYE HUGHES

Education, Degrees and Diplomas

Tertiary: M.B., B.S.
University of Sydney, 1980

F.R.A.C.S. (Orthopaedics)
Part I 1984
Part II 1989

F.A. Orth. A 1996

Current Hospital Appointments

North Shore Private Hospital

The Mater Private Hospital

Professional Membership

Australian Society of Orthopaedic Surgeons

Secretary of The Shoulder and Elbow Society of Australia 1998/99

Inducted into the American Shoulder and Elbow Surgeons by invitation 1999
(Corresponding member)

Australian Shoulder and Knee Fellowship 1990

Shoulder Fellowship Queens Medical Centre , University of Nottingham, U.K.

Biomechanical Laboratory Research, at the Bioengineering Dept., Imperial College, London (1990-1991)

Visiting Fellowship, Shoulder and Elbow Unit, Mayo Clinic, Rochester, Minnesota, USA (1991)

A.O. Trauma Fellowship University Hospital, Graz, Austria (1991)

Appointment Senior Orthopaedic VMO - Shoulder & Elbow Surgeon
Royal North Shore Hospital (1998-2003)

Clinical Practice Profile

My shoulder and elbow practice at present involves management of acute shoulder and elbow trauma, reconstructive and arthroscopic surgery, and arthroplasty.

My shoulder practice expertise includes Rotator cuff reconstruction and tendon transfers, complex shoulder fractures, shoulder arthroplasty and shoulder instability surgery.

I have established a unit undertaking advanced surgical elbow reconstruction and rehabilitation. I have introduced new techniques in elbow surgery especially in the reconstruction of the patient with severe post-traumatic stiffness and deformity, arthroscopic elbow surgery and total elbow arthroplasty to Australia.

I am the Australian/Asian/New Zealand Tutor (one of 3 worldwide) for the Coonrad Morrey Elbow Arthroplasty, and hold regular lectures/workshops/clinical procedure sessions. I am an annual tutor at the Mayo Clinic Elbow Course (Rochester Minnesota, USA). My practice functions as a tertiary referral base for difficult elbow and shoulder problems from N.S.W and beyond.

Recreation

1. Technical / Wreck Trimix Diver
2. Surfing

Past Sports Participation

- School boy district and state representative in cricket and cross-country
- School boy district representative in soccer
- University of Sydney – First Grade Baseball

Current Sporting Activities

Deep Technical/Trimax Diving of shipwrecks of Australia and Pacific

- PADI Certificate 1977
- Master Scuba Diver 1996
- Basic/Advanced Nitrox (TDI Cert.) 1996
- Deep Wreck and Decompression Diving (TDI Cert.) 2000
- Extended Range and Trimix Diving (TDI Cert.) 2000
- Swimming